

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY



Nourishment through  
compassionate care.

**Closed New  
Years Day**

Beef/Turkey Taco Meat 3 oz  
Spanish Rice 1/2 c  
**Lettuce/Tomato** 1/2 c  
Flour Tortilla 1 ea  
Pineapple Tidbits 1/2 c  
Milk 8 oz  
Sour Cream 1 ea  
**Shredded Cheese** 1/2 T

## 5

Sweet & Sour Breaded Chicken 3 oz  
Confetti Brown Rice 1/2 c  
Broccoli 1/2 c  
Rye Bread 1 slc  
Pineapple Tidbits 1/2 c  
Milk 8 oz  
Margarine 1 ea

## 6

Beef/Chicken Meatballs (0.5 oz) 6 ea  
Bowtie Noodles 1/2 c  
Green Beans 1/2 c  
Dinner Roll 1 ea  
Fresh Seasonal Fruit 1 ea  
Milk 8 oz  
Margarine 1 ea

## 7

**Florentine Soup** 6 oz  
Chicken Cacciatore 1 ea  
Lima Beans 1/2 c  
Multigrain Bread 1 slc  
Tropical Fruit 1/2 c  
Milk 8 oz  
Margarine 1 ea  
**Saltine Crackers** 1 pkt

## 8

BBQ Pulled Pork 3 oz  
Delmonico Potatoes 1/2 c  
Mixed Greens 1/2 c  
Hamburger Bun 1 ea  
Lorna Doone Cookies 1 pkt  
Assorted Fruit Juice 4 oz  
Milk 8 oz

## 9

Stuffed Shells w/Alfredo Sauce 2 ea  
Green Peas 1/2 c  
**Tossed Salad** 1/2 c  
Italian Bread 1 slc  
Applesauce 1/2 c  
Milk 8 oz  
Margarine 1 ea  
**Italian Dressing** 1 pkt

## 12

Chicken Fajitas 1/2 c  
Cilantro Lime Rice 1/2 c  
Fiesta Vegetables 1/2 c  
Flour Tortilla 1 ea  
Fresh Seasonal Fruit 1 ea  
Milk 8 oz  
Taco Sauce 1 ea  
Sour Cream 1 ea

## 13

Philly Cheese Steak 1 ea  
Crinkle Cut Fries 1/2 c  
Carrots 1/2 c  
WG Hot Dog Bun 1 ea  
Diced Peaches 1/2 c  
Milk 8 oz  
Ketchup 1 ea

## 14

**California Vegetable** 6 oz  
Chicken Parmesan 1 ea  
WG Garlic Rotini 1/2 c  
Italian Bread 1 slc  
Pineapple Tidbits 1/2 c  
Milk 8 oz  
Margarine 1 ea  
**Saltine Crackers** 1 pkt

## 15 - MLK Day

BBQ Chicken Leg 1 ea  
Corn, Okra & Collard Greens 1/2 c  
WG Biscuit 1 ea  
Butterscotch Pudding 1/2 c  
Assorted Fruit Juice 4 oz  
Milk 8 oz  
Margarine 1 ea

## 16

Potato Crusted Pollock 1 ea  
Garlic Whipped Potatoes 1/2 c  
Green Peas 1/2 c  
Dinner Roll 1 ea  
Diced Pears 1/2 c  
Milk 8 oz  
Margarine 1 ea  
Tartar Sauce 1 ea

## 19

**Closed for  
MLK Day**

## 20

**SPECIAL EVENT**

## 21

Turkey Divan 3/4 c  
Brown Rice Pilaf 1/2 c  
Glazed Beets 1/2 c  
WG Biscuit 1 ea  
Mixed Fruit 1/2 c  
Milk 8 oz  
Margarine 1 ea

## 22

**Potato Soup** 6 oz  
Sliced Ham 3 oz  
Lima Beans 1/2 c  
Dinner Roll 1 ea  
Tropical Fruit 1/2 c  
Milk 8 oz  
Margarine 1 ea  
**Saltine Crackers** 1 pkt

## 23

Cheese Quiche 1 c  
Roasted Potatoes 1/2 c  
Mixed Greens 1/2 c  
White Bread 1 slc  
Diced Pears 1/2 c  
Milk 8 oz  
Margarine 1 ea

## 26

Chicken Piccata 1 ea  
Rosemary Roasted Potatoes 1/2 c  
Brussels Sprouts 1/2 c  
Multigrain Bread 1 slc  
Mandarin Oranges 1/2 c  
Milk 8 oz  
Margarine 1 ea

## 27

**LUNCH AND LEARN**

## 28

Chicken Tenders 3 ea  
Ranch Beans 1/2 c  
Corn O'Brien 1/2 c  
Dinner Roll 1 ea  
**Fresh Baked Cookie** 1 ea  
Assorted Fruit Juice 4 oz  
Milk 8 oz  
Ketchup 1 ea

## 29

Beef Taco Meat 4 oz  
Brown Spanish Rice 1/2 c  
Fajita Vegetables 1/2 c  
Flour Tortilla 1 ea  
Fresh Seasonal Fruit 1 ea  
Milk 8 oz  
Taco Sauce 1 ea  
Sour Cream 1 ea

## 30

Cheese Baked Ziti 1 c  
Tuscany Vegetables 1/2 c  
**Tossed Salad** 1/2 c  
Italian Bread 1 slc  
Mixed Fruit 1/2 c  
Milk 8 oz  
Margarine 1 ea  
**Ranch Dressing** 1 pkt