

Staying Safe Through the Holidays - Travel



The safest way to celebrate winter holidays is to celebrate at home with the people who live with you. Staying home is the best way to protect yourself and others.

- Don't travel in if you are at increased risk of getting sick - having auto-immune disorders, are older than 65, have under-lying condition such as diabetes, asthma, or care for someone who is at high risk of getting sick.
- Don't travel in if cases high or increasing in your community or at your destination
- Don't travel in if hospitals in your community or at your destination overwhelmed with patients who have COVID-19
- Know if your home state or destination have requirements or restrictions for travelers

If you do travel be sure to take these steps during your trip to protect yourself and others from COVID-19:

- Always wear a mask in public settings, when using public transportation, and when around people who you don't live with.
- Wear your mask correctly over your nose and mouth, secure it under your chin, and make sure it fits snugly against the sides of your face.
- Stay at least 6 feet apart from anyone who does not live with you.
- Wash your hands often or use hand sanitizer with at least 60% alcohol.
- Avoid touching your mask, eyes, nose, and mouth.
- Bring extra supplies, such as masks and hand sanitizer.